

Vitamin A Micro Peel Pro

PERFORMING THE PEEL TREATMENT

Cleanse Phase: 5-7 Minutes

STEPS INSTRUCTIONS

- Step 1** Begin facial cleanse while steaming and warming up the skin. Apply **skin specific cleanser** and cleanse the face, neck, and décolleté.
- **Gentle Facial Wash** - all skin types
 - **Anti-Aging Cleansing Gel** - dehydrated skin
 - **Salicylic Wash 2%** - oily, acneic skin
 - **Sensitive Skin Cleansing Milk** - all sensitive, and/or dry skin
- Step 2** Saturate two cotton pads with **skin specific tonic** and apply to the entire face, neck, and décolleté.
- **Balancing Tonic** - all skin types
 - **Sensitive Skin Tonic with Aloe** - dehydrated, sensitive skin
 - **Exfo Tonic** - oily, acneic skin

Skin Analysis and Exfoliation: 5 Minutes

- Step 3** Perform skin analysis.

Exfoliation: 10 Minutes

- Step 4** Perform **primary peel** or exfoliation method of choice (can peel a peel, microdermabrasion, dermaplaning or enzyme treatment).
- Step 5** Gentle extractions, high frequency, and LED light therapy may also be incorporated at this time.

Massage Phase: 10 Minutes

- Step 6** Perform facial massage with **Hydra Calm Facial Oil** or **Skin Nourishing Balm**.



pH 2.6



TREATMENT DURATION:
30 Minutes



COST PER TREATMENT:
\$3.50 - \$4.00

TREATMENT DESCRIPTION

Used by itself or as a booster with other peels and treatments, the Vitamin A Micro Peel Pro enhances exfoliation to reduce the appearance of photodamage and help progressively fade hyperpigmentation. In addition to efficient exfoliation, it works to increase cell turnover (resulting in new, unpigmented skin cells coming to the surface) and stimulation of collagen production.

RECOMMENDED SKIN TYPES

All non-sensitive skin types. Targeted for uneven texture, photo-damaged or hyperpigmented skin.

EQUIPMENT AND SUPPLIES OVERVIEW

Please have these items available prior to beginning:

- Cotton rounds
- Warm towels
- 2 x 2 gauze or cotton squares
- Fan brushes
- Steamer
- Hand held fan

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Vitamin A Micro Peel Pro Treatment Protocol



Mask Phase: 10 Minutes

Step 7 Apply targeted **facial mask** according to skin type. Masks can be layered if desired.

- **Balancing Thermogel Mask** - Dry/Dehydrated
- **Sensitive Skin Enzyme Mask** - Sensitive
- **Ultra Peptide Cream Mask** - Dry/Dehydrated
- **Sulfur Calming Mask** - Acneic/Oily (Can be blended with **Balancing Thermogel Mask**)
- **Vitamin C Brightening Mask** - Hyperpigmentation, Aging
- **Firm & Lift Mask** - Aging

Application: 5 minutes

Step 8 LAST STEP OF FACIAL: Apply approximately 1 - 2 teaspoon of **Vitamin A Micro Peel** to entire face and neck. Can be massaged into skin with gloved hands. **MUST BE LEFT ON 4 HOURS TO OVERNIGHT** prior to washing off for full effect. Do not follow with any other products. Client will rinse off at home.