

# Revitalizing Cream Peel

## PERFORMING THE PEEL TREATMENT

### Cleanse Phase: 5-7 Minutes

#### STEPS INSTRUCTIONS

- Step 1** Begin facial cleanse while steaming and warming up the skin. Apply **skin specific cleanser** and cleanse the face, neck, and décolleté.
- **Gentle Facial Wash** - all skin types
  - **Anti-Aging Cleansing Gel** - dehydrated skin
  - **Salicylic Wash 2%** - oily, acneic skin
  - **Sensitive Skin Cleansing Milk** - all sensitive, and/or dry skin
- Step 2** Saturate two cotton pads with **skin specific tonic** and apply to the entire face, neck and décolleté
- **Balancing Tonic** - all skin types
  - **Sensitive Skin Tonic with Aloe** - dehydrated, sensitive skin
  - **Exfo Tonic** - oily acneic skin

### Skin Analysis: 5 Minutes

- Step 3** Perform skin analysis.

### Application: 15 minutes

- Step 4** Provide a hand held fan for client comfort. Measure approximately 1-2 teaspoons of **Revitalizing Cream Peel** and apply thinly with a semi-stiff fan brush in upward direction. Avoid the eye area and do not apply to eyelids. Make sure client keeps eyes closed the entire time. Leave on 2-4 minutes then remove/neutralize with cotton rounds soaked in a water/baking soda mixture or just water. Client may feel mild tingling initially.
- Step 5** Apply **Sensitive Skin Tonic** or **Balancing Tonic** on a cotton round and smooth over skin to restore the skin pH balance, hydrate, and soothe.
- Step 6** Gentle extractions, high frequency, and LED light therapy may also be incorporated at this time.

### Massage Phase: 10 Minutes

- Step 7** Perform facial massage with **Hydra Calm Massage Oil** or **Skin Nourishing Balm**.



**pH 4.5**



**TREATMENT DURATION:**  
Approximately 45 Minutes



**COST PER TREATMENT:**  
\$4.00 - \$5.00

#### TREATMENT DESCRIPTION

Suitable for all skin types, the Revitalizing Cream Peel offers the ideal solution for mature, dry skin. Designed to simultaneously hydrate and exfoliate. This active, yet gentle resurfacing peel improves skin tone and texture, while replacing much needed moisture to the skin. It contains a dynamic combination of retinol, lactic acid, salicylic acid, marine oligopeptide, and green tea.

To achieve optimal results, may be performed weekly in a series or incorporated into a monthly maintenance facial.

#### RECOMMENDED SKIN TYPES

For all skin types in need of professional exfoliation. Targeted at dry/aging skin.

#### EQUIPMENT AND SUPPLIES OVERVIEW

Please have these items available prior to beginning:

- Cotton rounds
- Warm towels
- Fan brushes
- Steamer
- Hand held fan



## Mask Phase: 10 Minutes

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**Step 8** Apply targeted **facial mask** according to skin type. Masks can be layered if desired.

- **Balancing Thermogel Mask** - Dry/Dehydrated
- **Sensitive Skin Enzyme Mask** - Sensitive
- **Ultra Cream Peptide Mask** - Dry/Dehydrated
- **Sulfur Calming Mask** - Acneic/Oily (Can be blended with **Balancing Thermogel Mask**)
- **Vitamin C Brightening Mask** - Hyperpigmentation, Aging
- **Firm & Lift Mask** - Aging

## Hydrate and Moisturize Phase: 3-5 Minutes

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**Step 9** Apply a small amount (2-3 cc) of **skin specific serum** to your hands and then massage into face, neck and décolleté.

- **Crystal C Serum** - all skin types
- **Firming Tri-Peptide Serum** - Dehydrated, Aging skin
- **Beyond Brightening Complex** - Hyperpigmentation
- **Calming Balm** - Acneic

**Step 10** Apply **skin specific moisturizer**.

- **Oil Free Hydrating Lotion** - all skin types
- **Ceramide Daily Cream** - Dry/Dehydrated
- **O2 Med** - Acneic
- **Anti-Aging Face & Neck Cream** - Hyperpigmentation, Aging

**Step 11** Apply **skin specific sunscreen**.

- **Oil Free Sunscreen SPF 30** - all skin types
- **Tinted Moisturizer SPF 30** - all/aging
- **Aroma Matte Day Cream SPF 30** - normal, oily
- **Botanical Soothing Cream SPF 30** - Sensitive