

Dermal Flash

PERFORMING THE PEEL TREATMENT

Cleanse Phase: 5-7 Minutes

STEPS INSTRUCTIONS

- Step 1** Begin facial cleanse while steaming and warming up the skin. Apply **skin specific cleanser** and cleanse the face, neck, and décolleté.
- **Gentle Facial Wash** - all skin types
 - **Anti-Aging Cleansing Gel** - dehydrated skin
 - **Salicylic Wash 2%** - oily, acneic skin
 - **Sensitive Skin Cleansing Milk** - all sensitive, and/or dry skin
- Step 2** Saturate two cotton pads with **skin specific tonic** and apply to the entire face, neck, and décolleté.
- **Balancing Tonic** - all skin types
 - **Sensitive Skin Tonic with Aloe** - dehydrated, sensitive skin
 - **Exfo Tonic** - oily, acneic skin

Skin Analysis: 5 Minutes

- Step 3** Perform skin analysis.

Application: 15 minutes

- Step 4** Provide a hand held fan for client comfort. Measure approximately 1/2 - 1 teaspoon of **Dermal Flash Peel** and apply thinly with a semi-stiff fan brush in upward direction. Avoid the eye area and do not apply to eyelids. Client will feel mild heat and tingling for approximately one to two minutes, and then the sensation will begin to subside. It will fully dry in approximately 7 - 10 minutes. Once dry, gently remove the mask with a light steaming while massaging the **Sensitive Skin Cleansing Milk** to loosen the mask. Use warm towels to remove excess.
- Step 5** Apply **Sensitive Skin Tonic with Aloe** or **Balancing Tonic** on a cotton round, saturated soft towel, and smooth over skin to restore the skin pH balance, hydrate, and soothe.
- Step 6** Gentle extractions, high frequency, and LED light therapy may also be incorporated at this time.



pH 5.75



TREATMENT DURATION:
Approximately 45 Minutes



COST PER TREATMENT:
\$4.00 - \$5.00

TREATMENT DESCRIPTION

Mature skin can lack circulation, and the skin may look dull, devitalized, and sallow. While AHA and BHA peels are excellent at exfoliating skin, the Dermal Flash Peel is an example of a treatment that gently exfoliates without drying the skin, with an added bonus of increased microcirculation and firming.

To achieve optimal results, may be performed weekly in a series or incorporated into a monthly maintenance facial.

RECOMMENDED SKIN TYPES

For devitalized, sallow, aging skin that needs a true revitalization. Not for very sensitive skin.

EQUIPMENT AND SUPPLIES OVERVIEW

Please have these items available prior to beginning:

- Cotton rounds
- Warm towels
- 2 x 2 gauze or cotton squares
- Fan brushes
- Steamer
- Hand held fan



Massage Phase: 10 Minutes

Step 7 Perform facial massage with **Hydra Calm Facial Oil** or **Skin Nourishing Balm**.



Mask Phase: 10 Minutes

Step 8 Apply targeted **facial mask** according to skin type. Masks can be layered if desired.

- **Balancing Thermogel Mask** - Dry/Dehydrated
- **Sensitive Skin Enzyme Mask** - Sensitive
- **Ultra Cream Peptide Mask** - Dry/Dehydrated
- **Firm & Lift Mask** - Aging

Hydrate and Moisturize Phase: 3-5 Minutes

Step 9 Apply a small amount (2-3 cc) of **skin specific serum** to your hands and then massage into face, neck and décolleté.

- **Crystal C Serum** - all skin types
- **Firming Tri-Peptide Serum** - Dehydrated, Aging skin
- **Beyond Brightening Complex** - Hyperpigmentation
- **Calming Balm** - Acneic

Step 10 Apply **skin specific moisturizer**.

- **Oil Free Hydrating Lotion** - all skin types
- **Ceramide Daily Cream** - Dry/Dehydrated
- **O2 Med** - Acneic
- **Anti-Aging Face & Neck Cream** - Hyperpigmentation, Aging

Step 11 Apply **skin specific sunscreen**.

- **Oil Free Sunscreen SPF 30** - all skin types
- **Tinted Moisturizer SPF 30** - all/aging
- **Aroma Matte Day Cream SPF 30** - normal, oily
- **Botanical Soothing Cream SPF 30** - Sensitive