

# Beta Peel 22%

## PERFORMING THE PEEL TREATMENT

### Cleanse Phase: 5-7 Minutes

#### STEPS INSTRUCTIONS

- Step 1** Begin facial cleanse while steaming and warming up the skin. Apply **skin specific cleanser** and cleanse the face, neck, and décolleté.
- **Gentle Facial Wash** - all skin types
  - **Anti-Aging Cleansing Gel** - dehydrated skin
  - **Salicylic Wash 2%** - oily, acneic skin
  - **Sensitive Skin Cleansing Milk** - all sensitive, and/or dry skin
- Step 2** Saturate two cotton pads with **skin specific tonic** and apply to the entire face, neck, and décolleté.
- **Balancing Tonic** - all skin types
  - **Sensitive Skin Tonic with Aloe** - dehydrated, sensitive skin
  - **Exfo Tonic** - oily, acneic skin

### Skin Analysis: 5 Minutes

- Step 3** Perform skin analysis.

### Application: 15 minutes

- Step 4** Provide a hand held fan for client comfort. Measure approximately 1 teaspoon of **Beta Peel 22%** and apply thinly with a semi-stiff fan brush in upward direction. Avoid the eye area and do not apply to eyelids. Make sure client keeps his or her eyes closed the entire time. Leave on 2-4 minutes then remove/neutralize with cotton squares or gauze soaked in a water/baking soda mixture. Client may feel mild tingling initially.
- Step 5** Apply **Sensitive Skin Tonic with Aloe** or **Balancing Tonic** on a cotton round, saturated soft towel, and smooth over skin to restore the skin pH balance, hydrate, and soothe.
- Step 6** Gentle extractions, high frequency, and LED light therapy may also be incorporated at this time.

### Massage Phase: 10 Minutes

- Step 7** Perform facial massage with **Hydra Calm Facial Oil** or **Skin Nourishing Balm**.



**pH 3.0**



**TREATMENT DURATION:**  
Approximately 55 Minutes



**COST PER TREATMENT:**  
\$4.00 - \$5.00

#### TREATMENT DESCRIPTION

To achieve optimal results, may be performed weekly in a series or incorporated into a monthly maintenance facial.

#### RECOMMENDED SKIN TYPES

For all skin types in need of professional exfoliation. Targeted at acneic/non-sensitive/mature/aging/oily/hyperpigmented skin.

#### EQUIPMENT AND SUPPLIES OVERVIEW

Please have these items available prior to beginning:

- Cotton rounds
- Warm towels
- 2 x 2 gauze or cotton squares
- Fan brushes
- Steamer
- Hand held fan



## Mask Phase: 10 Minutes

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**Step 8** Apply targeted **facial mask** according to skin type. Masks can be layered if desired.

- **Balancing Thermogel Mask** - Dry/Dehydrated
- **Sensitive Skin Enzyme Mask** - Sensitive
- **Ultra Cream Peptide Mask** - Dry/Dehydrated
- **Sulfur Calming Mask** - Acneic/Oily (Can be blended with **Balancing Thermogel Mask**)
- **Vitamin C Brightening Mask** - Hyperpigmentation, Aging
- **Firm & Lift Mask** - Aging

## Hydrate and Moisturize Phase: 3-5 Minutes

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**Step 9** Apply a small amount (2-3 cc) of **skin specific serum** to your hands and then massage into face, neck and décolleté.

- **Crystal C Serum** - all skin types
- **Firming Tri-Peptide Serum** - Dehydrated, Aging skin
- **Beyond Brightening Complex** - Hyperpigmentation
- **Calming Balm** - Acneic

**Step 10** Apply **skin specific moisturizer**.

- **Oil Free Hydrating Lotion** - all skin types
- **Ceramide Daily Cream** - Dry/Dehydrated
- **O2 Med** - Acneic
- **Anti-Aging Face & Neck Cream** - Hyperpigmentation, Aging

**Step 11** Apply **skin specific sunscreen**.

- **Oil Free Sunscreen SPF 30** - all skin types
- **Tinted Moisturizer SPF 30** - all/aging
- **Aroma Matte Day Cream SPF 30** - normal, oily
- **Botanical Soothing Cream SPF 30** - Sensitive